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plenary session	Friday 24th 9.30-11 hours	Moderator: Herbert Hartmann	Vice President of ISCA and CESS
*simultaneous translation english/català		Prof. Dr. Walter Brehm	University of Bayreuth. Steps to fitness and health - from physical activity guidelines to an integrated concept for health promotion
		Michael Krejca	Head of Unit of Sport European Commission Sport and Health Policy of European Commission

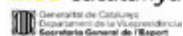
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BLOCK 1 Friday 24 th 11.30-13.30 hours				
track 1* *simultaneous translation english/català		Moderator: Herbert Hartmann	Vicepresident of ISCA and CESS	Health enhancing sport programmes, projects and campaigns: New tendencies
		Andree Dean	Fitness Industry Association (FIA)	Adopt a school programme
		Laura Paris	Col.lectiu Esport per a tothom (CET10)	Wellness at work programme Concepts of intervention and quality initiatives of the German
		Pia Pauly	Deutscher Turner Bund (DTB)	Gymnastics Federation (DTB) in the area of health-sports, fitness and exercise
		Representant Institut Barcelona Esports Barcelona	Ajuntament de Barcelona	Strategic sports plan in Barcelona city
track 2		Moderator: Marie Laure Cazals	Cap Dep.Productes i serveis EUROFITNESS-UBAE	Facility equipment and activity design
		Herman Rütgers - To be confirmed	EHFA	To be confirmed
		Maria Lemonidou	Technogym	New tendencies related to fitness equipment
		Ivan Chulbi	Poolbike	Cycling in the water : health and fun
track 3		David Ribera	T-Bow fitness	Optimizing Fitness Health programs with the T-Bow
		Moderator: Jaap Bisschop	Netherlands sport Alliance	Sport for all - added value for society: Sport, environment and health
		Ton Tobeña	Direcció Esports Diputacio de Barcelona	Festival of Sport - Sports day in Europe
		Uffe Elbek	World Outgames	Sport, health and social responsibility
		Denise Elena Grillo	Mackenzie Institute	General Gymnastics at Mackenzie institute:Values for society
		Raphaël Bouju	Ufolep	Environmental Commitments of ISCA Members
		Miranda Kiuri	Spanish Olympic Committee (COE)	Sports facilities and environmental care

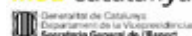
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BLOCK 2 Friday 24th 15-17 hours				
track 1	PATHe	Moderator Saska Benedicic Tomat	Slov. sports Union University College London and Great Ormond Street Hospital	Health enhancing sport programmes, projects and campaigns: Health Programmes and Quality Management in practise
*simultaneous translation english/català		Carol Morgan		MEND programme - aimed at combating obesity in 7 to 13 year olds through education, fitness and fun
		Iris Palmeier - Michael Tiemann	Deustcher Turner Bund (DTB)	Quality securing of health - Sport programmes. Principles, process and results of the certification through the DTB's scientific advisory board.
		Dr. Ramon Ciurana	Europrev	Guide on promoting Physical Acitvity
		Nadine de Ridder	Sport in School Flandes (SNS)	Sport after school
		Ron Van Walsen	Ajuntament de Rotterdam	Program - ' Nutrition and Physical activity of the city of Rotterdam'
track 2		Moderator: Maria Luisa Sousa Diaz		Development and management of resources in Sport for All: Human Resource Management
		speaker to confirm	CONI Itàlia	Law of Voluntary work
		Maria del Mar Gomila	UBAE	Happy workers and Happy families equals Happy entities
		Iztok Retar	Slovenian Sports Union	Sport facility management skills
		speaker to confirm	Secretaria Gral. de l'Esport. Generalitat de Catalunya	Workers in the sport field and the legal regulations
track 3		Moderator: to confirm		Physical Activity education and integration
		Simone Digennaro	University Tor Vergata. Rome	Sport and Prison - Effects of sport based programmes on inmate's well-being
		Alicia Rodriguez Martos -	Agència Salut Pública de Barcelona - Fundació Mensalus	Offering healthy habits through sport to teenagers- Drug and alcohol prevention programme for teenagers
		Mariona Corbella. Fundació Mensalus	FEFISA -Faculdades integradas de Santo André. Brasil	The choreographic composition of general gymnastics as a tool for the organisation of a project interdisciplinar in the pre-shcool
		Cassia Alves	FEFISA -Faculdades integradas de Santo André. Brasil	The reeducation of fundamental motor skills in adolescents of 13 to 16 years
		Thiago Xavier		

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plenary session	Saturday 25th 11 hours	Moderator: Montserrat Mas, General director of Group Eurofitness Ubae	Physical activity and health: Threats and challenges for sport organisations
*simultaneous translation english/català	PATHe	speaker to confirm	Physical Activity and civil society
	PATHe	Lluís Bruguera	Faculty of Psychology Barcelona University Participants in physical activity and their psychological approach

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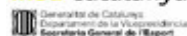


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EU Platform on Diet, Physical Activity and Health

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Saturday BLOCK 3 25th 11.30-13.30 hours			
track 1	Moderator: Sonny Jacobsen		Sport and Social Development: Partnership. Innovation and Cooperation
*simultaneous translation english/català		Corporate Responsibility Manager, Nike	Nike - UNHCR development project
	Aykan Gulten	Àrea d'esports Diputació de Barcelona	Sport policies of physical sportive activities for all at a local level
	Jordi Caveró		
	Soren Riiskjær,	Play the Game	What does it take for Sport for All to make headlines?
	speaker to confirm	Instituto Credito Sportivo Italiano	Financing of Sport facilities
	Christophe Mailliet	Streetfootballworld	Development through local level sport events
track 2	Moderator: Stjepan Heimer	Croatian Sport, Health and Recreation Association	Scientific approach to Sport and Health
		Faculty of Sport and Physical education and Cigota Hospital - Belgrade Serbia	Cooperation of health system and sports in solving problems of youth obesity ages 12 to 18 years
	Dusan Mitic	Faculty of Kinesiology and sport. Zagreb Croatia	Counsel for Sports - recreation
	Stephan Heimer		
	Nikoo Khosravi	Alzahra University. Tehran Iran	Effects on the menstrual cycle of women engaged in regular PA
	Davood Sharifabad	Alzahra University. Tehran Iran	Effects of resistance training on blood plasma

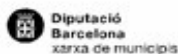
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plenary session	Saturday			
	25th 15-16 hours	Congress Conclusions	Mogens Kirkeby	President of ISCA
	*simultaneous translation english/català		Toni Llop	President of CESS

POSTERS: during the congress, different posters will be presented. The content of these will be described by its authors in the pauses



Physical Activity Towards a Healthier Europe is a project of the International Sport and Culture Association with financial support from DG-SANCO of the European Commission. The PATHE Seminar 2008 includes the sessions identified with the PATHE logo. Delegates who attend all five PATHE sessions can receive a PATHE project certificate